

SMALL BITES

BLUE BOWL (GF)

Banana, pineapple, oat milk, Blue Majik raw spirulina, topped with kiwi, coconut, blueberries, strawberry and granola. contains nuts and sesame. **14**

ACAI BOWL (GF)

Banana, blueberries, Free-trade acai, oat milk, topped with kiwi, coconut blueberries, strawberry and granola. Contains nuts and sesame. **14**

HOMEMADE BANANA BREAD (GF)

Gluten free banana bread served with burnt honey buttercream. **8**

CROISSANT

From Pain D'avignon Bakery. **4** butter n jam **1**

MEDIUM BONE

AVOCADO TOAST

Whipped feta, diced avocado, burnt citrus salt, sorrel, Pain D'avignon sourdough. **13**

SALSA MACHA EGGS

6 min egg served on a bed of labne with salsa macha (has peanuts) and side of sourdough. **12**

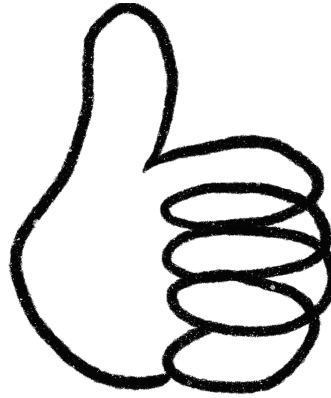
SARDINES ON TOAST

Toasted sourdough, topped with creme fraiche, spanish sardines marinated in oil, and a pistachio gremolata. **14**

****SCRAMBLED EGGS CONTAIN DAIRY****

****GLUTEN FREE BREAD AVAILABLE ON REQUEST****

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.



SANDOES

BREAKFAST SANDWICH

Sunny fried egg, bacon, caramelised onion, avocado, arugula, lemon aioli, served on sesame seed bun. **14**

SHORT-RIB SANDWICH

Slow braised short rib, sambal aioli, miso slaw, caramelised onion, pickles on sesame seed bun. **15**

BUILD YOUR OWN

2 Scrambled, poached, or fried eggs served on seeded

or regular sourdough. Add ons below. **10**

ADD ONS...

\$3 Fried egg, poached egg **\$6** Scrambled eggs

\$3 Cherry tomatoes, goat cheese, kimchi, pickles,

beet relish (each are \$3) **\$4** Half Avocado

\$5 mushrooms, bacon **\$6** smoked salmon

\$7 braised short-rib

LARGE PLATES

KIMCHI SCRAMBLED EGGS

Soft scrambled farm eggs and kimchi on sourdough with microgreens, scallion labne and a pickled cabbage-arugula salad. **16**

With avocado **+4** With smoked salmon **+6**

HARISSA EGGS

2 fried eggs in house-made tomato-harissa sauce, topped with grated parm and fresh herbs with sourdough toast. **15**

CHICKPEA CURRY SCRAMBLE

Spicy chickpea curry, free-range soft scrambled eggs, toasted sourdough, coconut crisps, topped with fried shallot and cilantro. **15**

With avocado **+4**

AVOCADO TOAST NUMBER TWO

Seeded sourdough, avocado, beet relish, fresh cucumber, Zataar, goat cheese, lemon. **15**

add poached or fried egg **+3** Scrambled eggs **+6**

'CAESAR' SALAD

Romaine, radicchio, anchovy dressing, seasoned breadcrumb, pickled shallot, dill, parm. **16**

add anchovy **+4**

BROCCOLINI FARRO BOWL

Farro, red pickled cabbage, charred broccolini, salsa macha*, arugula, poached egg, fried scallions, avocado salsa verde **17** (*has peanuts)

Add Short rib or smoked salmon **+6**

Add avocado **+4** Add extra egg **+2**

DRINKS

THE STAY GOOD SMOOTHIE

Banana, vanilla protein, almond butter butter, almond milk, sea salt **9.5**

MATCHA LEMONADE

Cold steeped matcha, lemon juice, soda. **7**

GREEN JUICE

Pineapple, celery, cucumber, lemon mint. **7**

ORANGE JUICE

Big ol' glass of OJ. **6**

ARNOLD PALMER

Black tea, lemon juice, soda, a little sugar. **6**



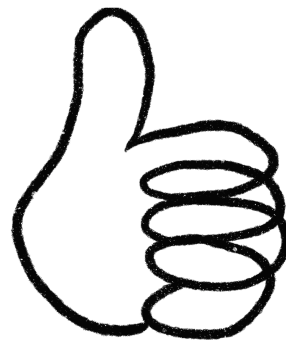
BEER

NARRAGANSETT, LAGER 12OZ, 5% **7**

EBBS SUMMER ALE NO.1, 4.7% **8**

EBBS IPA NO.7, 5.5% ABV **10**

JUNE SHINE 'HOPICAL CITRUS', HARD KOMBUCHA, 12OZ CAN, 6% ABV. **7**



COFFEE

Serving our own Good Thanks Coffee. Our blend 'Bueno' is an ever changing and evolving pursuit to provide an impeccable everyday coffee. Think chocolatey, caramel, and a lil peachy, with body for days.

DRIP. **3.5**

ESPRESSO, AMERICANO. **4**

CORTADO, CAPPUCINO, FLAT WHITE. **4.5**

LATTE. **5**

COLD BREW **6**

VANILLA LATTE. **5**

MOCHA **6**

EXTRA SHOT **+2**

DECAF **+1**

NOT COFFEE

MATCHA LATTE (HOT OR ICED). **6**

ORGANIC CHAI LATTE (HOT OR ICED). **6**

HOT CHOCOLATE. **5**

BLACK OR HIBISCUS ICED TEA **4.5**

ENGLISH BREAKFAST - HIBISCUS

JASMINE GREEN - TURMERIC GINGER **4**

ALMOND MILK **+5**

OAT MILK **+5**

MACADAMIA MILK **+1**

COCKTAILS

ESPRESSO MARTINI

Mr Black cold brew liqueur, Vodka, GTC espresso. **15**

HOT CHILD IN THE CITY

Blanco tequila, passion-fruit, lime, tajin rim. **15**

HOUSE BLOODY

Vodka, tomato Juice, horseradish, worcestershire, pickle juice, several chili powders and spices. **14**

MIMOSA

Orange juice, sparkling wine. **12**

APEROL SPRITZ

Aperol, sparkling wine, soda. **14**

WINE

ORANGE

Some tropical fruits, bright, and delicious. **14 / 46**

ROSE

Strawberries, nectarine, quince, and silky **14 / 46**

WHITE

Crisp, dry and refreshing **14 / 46**

